

Heather Cavanaugh Sains, Accounting & Administrative Projects Manager

Ms. Sains moved to the mountains of North Carolina in the early 1990's after falling in love with the natural beauty and diversity of the area. She holds a Bachelor of Arts degree in History from the University of North Carolina-Asheville. Ms. Sains brings over 11 years of experience in all aspects of nonprofit management to Bent Creek Institute, Inc (BCI). However her roots in the nonprofit community go back much further as member, supporter and volunteer. During her time at UNCA, she worked with the United Way of Asheville and Buncombe County and the Southern Appalachian Forest Coalition. Shortly after earning her degree, she accepted a position with Center for Agricultural Partnerships where she was in charge of all business affairs for the organization, whose focus was national in scope. Most recently she was with Carolina Mountain Land Conservancy in the role of director of finance and administration. Strengths include fiscal management, strategic planning and implementation, risk management and program management. Currently, Ms. Sains volunteers with the WNC Nature Center and is seeking a Certificate in Nonprofit Management through the Duke Nonprofit Management Certificate Program. Her personal interests include reading, spending time with family and four legged friends, and enjoying the great outdoors.

Ms. Sains joined BCI in June 2011.